



In an effort to provide the best experience during your office visit today and help us keep current on your health, please take a few minutes to complete the following questions. Thank you!

Name \_\_\_\_\_ Date \_\_\_\_\_

**CONTRACEPTION**

- 1. What is your current form of birth control? \_\_\_\_\_
- 2. How long have you been using your current form of birth control? (Please check one)
- Two years or fewer - 3 to 5 years - 6 to 10 years - over 10 years
- 3. When are you planning to have another child? (Please check one)
- Within the next year - Within the next 5 years
- Within the next 10 years - My family is complete
- 4. When was your last menstrual period? \_\_\_\_\_

**MENSTRUAL PERIODS**

- 1. How long does your average monthly period last? \_\_\_\_\_ days
- 2. Do you ever feel as though your periods impact the quality of your life? - Yes - No
- 3. Do you ever experience irregular or inconsistent bleeding patterns? - Yes - No
- 4. Would you like information on a simple, safe procedure performed in our office that can significantly reduce or eliminate your monthly periods? - Yes - No

**URINARY HEALTH**

- 1. Do you ever leak urine when you cough, laugh or sneeze? - Yes - No
- 2. Do you ever feel as though you have to urinate urgently? - Yes - No
- 3. Do you feel like you have to urinate too frequently? - Yes - No
- 4. Do you ever experience painful urination? - Yes - No

**AESTHETICS INTERESTS (Please indicate any area of interest)**

- Laser Hair Removal/Skin Rejuvenation - Laser Vaginal Therapy - Botox, Juvaderm, etc.
- Weight Loss - Body Contouring/CoolSculpting - Facial Peels/Microdermabrasion

Are there any concerns/issues that you would like to discuss today? \_\_\_\_\_